

### **JUNE 2024 NEWSLETTER**



June 20, 2024 @5 pm Veltus Park

#### **MENU**

#### **Caesar Salad**

# **Caprese Chicken**

Garlic and herb marinated chicken breast topped with red onion, heirloom tomato, fresh basil, melted mozzarella and balsamic glaze

# Fresh Atlantic Salmon Blackened and grilled to perfection with charred lemon and honey

Roasted portobello mushroom cap (vegetarian)

# **Cilantro Lime Rice**

# **Roasted Root Vegetables**

If your birthday (this year) ends in "0" or "5", please email Renee Miller at ralidam748@gmail.com.

Please mail checks for \$33pp payable to "100 Club" to Robin Van Norman at 720 Wood Nymph Lane, Glenwood Springs, CO 81601 to arrive NO LATER THAN JUNE 12. Or use Venmo - @GWS100Club. Be sure to indicate your entrée selection(s).

#### MEMBERSHIP RENEWALS

If you have not already renewed your membership, your cost will be \$30/household. Hikers, please add \$5 to defray the cost of emergency satellite transceivers. Make your check payable to the "100 Club" and mail it to our treasurer Nancy Nordell, 1285 Hidden Valley Drive, Glenwood Springs, CO 81601.

**Prospective new members** wishing to join the 100 Club please visit our **Home Page** for more information and whom to contact.

# **COMMUNITY CONCERT**

It's not too late to buy your season tickets for the **Glenwood Springs Community Concert's** 2024-25 season. Still only \$60

per person for five fabulous concerts. Don't delay! See our website <a href="https://gsconcertassn.org">https://gsconcertassn.org</a> for details or call Nancy at 303-517-9800 or Kathy at 907-350-2304.

#### **JUNE HIKES**

June 3 – Cherry Creek/West Elk Stock Driveway Loop, 8:30 at MM. This 7-mile loop begins on the Buford Road NW of New Castle. Cherry Creek trail climbs 1800' in 3.5 miles through aspen forest to its junction in a meadow with the West Elk Stock Driveway. Return to trailhead on the Stock Driveway.

June 10 – Perham Creek, 9:00 at REI (9:15 at CD). South of Carbondale on the right side of 133, this trail climbs steeply at first, 1200' in 3 miles before leveling off across a meadow and descending 400' toward the South Branch of Thompson Creek (9 mi RT).

June 12 — Babbish Gulch/Marion Gulch crossover, 8:00 at REI (or 8:30 at trailheads). Two groups hiking in opposite directions exchange keys at the midway point and drive to a predetermined tailgate location. One-way mileage is 6.5 with an optional 1-mile RT "bonus" to climb Compass Peak.

June 17 – Colorow Creek (formerly Squaw Creek), 8:00 at NN. South of Route 6 between Edwards and Eagle, it was 16 years (and one name change) ago we last hiked this trail. There are probably few, if any, of us who have hiked this trail before. On paper, it's a 1700' climb over 4.5 miles.

June 24 – Hay Park/Thomas Lakes, 8:30 at RF (8:45 at CD). Both share the same TH near Dinkle Lake (off Prince Creek Road). Hay Park can be done as a 4-mile-out and 4-mile back hike or as an 8-mile crossover to/from Capitol Creek with key exchange. When combined with Thomas Lakes, we prefer the former option for its simpler logistics. The Thomas Lakes

trail climbs 1900' in 3 miles to several alpine lakes below Mt. Sopris.

June 26 – **Rocky Fork**, 7:30 at REI (7:55 at TRR). A wooded trail follows the Rocky Fork from the foot of Ruedi Dam, climbing 1900' in 5 miles to a meadow, where the trail fades out.

#### **BICYCLING**

Bike rides will be scheduled every other Wednesday, alternating with Wednesday hikes.

June 5 - Colorado River Road. Meet at 10 am at the Dotsero-Ute trailhead on the left side of River Road north of I-70. A beautiful 32mile out and back ride along the Colorado River with rolling hills and steepest grade of 9%. There is no shoulder on this road, so cyclists must be comfortable riding on a paved road with a few cars/trucks. Rear flashing red lights and brightly colored clothing are recommended. We will turn around after 16 miles where the pavement ends. There is no cell phone coverage for most of this ride. Cyclists will need to ride single file on this road.

**Easy Riders** will ride the **Rio Grande** bike path from Glenwood. Meet at the parking lot next to the Rosebud Cemetery at 9:30am.

June 19 – Divide Creek Silt Area. Meet at 9:30am near Alpine Bank at the New Castle City Market parking lot. Ride the serene county roads around Divide Creek before it gets too hot. We will ride around 30 miles on rolling paved terrain. There is no shoulder on this county road so cyclists should be comfortable riding on a paved road with a few cars/trucks. Rear flashing red lights and brightly colored clothing are recommended.

**Easy Riders:** Same as above; ride as far out as you want and return. Questions: Call or email Mary at mary.wiener25@gmail.com, 303.818.992.

#### **TENNIS ANYONE?**

We play mixed doubles tennis at Sayre Park on Fridays at 9:45 am, weather permitting. All skill levels welcome. John Burg will send out weekly reminders on Thursday. To be placed on John's email list, text him at (970) 355-9104 or email him at johnfburg@gmail.com.

#### PEOPLE'S BRIDGE

Men's Bridge and Ladies' Bridge has become People's Bridge. People of all sexual orientations are invited. We meet two Thursday evenings each month, starting at 6:30, and ending about 9:00 p.m. Games are hosted by players at their homes. COVID shots are required, while masks are optional. However, if you have any COVID or flu-like symptoms, please stay home.

If interested, email Steve Huber — <a href="mailto:shuber@uh.edu">shuber@uh.edu</a>.